



#SafeNebulizationPractice



DO'S AND DON'TS
of Nebulization in **CLINICAL SETTINGS**

DO's



DO perform Nebulization in an Airborne Infection Isolation Room (AIIR) or a portable anteroom.¹

DO provide a CAUTION NOTE sign-board outside the room where Nebulization is being conducted.



DO wash hands thoroughly before Nebulization using alcohol-based hand sanitizers with greater than 60% ethanol or 70% isopropanol or an anti-microbial soap.²

DO wear appropriate PPE safety accessories like mask, hand gloves, face-shield and gown.^{3,4}



DO leave the room vacant post-nebulization, with the door closed for 30 minutes after the patient has vacated the room.⁵

For more information please visit www.breathefree.com/nebulization

Ref: 1. <https://www.health.state.mn.us/communities/ep/surge/infectious/airbornenegative.pdf>. | 2. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/hand-hygiene.html>. | 3. Minnesota-CDC guidelines: www.health.state.mn.us, April 2020, 4. Govt of Canada: Infection prevention and control for coronavirus disease(COVID-19). | 5. https://www.health.qld.gov.au/_data/assets/pdf_file/0038/939656/qh-covid-19-Infection-control-guidelines.pdf.

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DON'TS



DON'T perform Nebulization in a room from which air circulates to other areas to minimize exposure risks for health care workers.⁵

DON'T allow multiple health care workers in the same room.⁴



No Entry

DON'T enter the room where Nebulization is being conducted, unless it is very urgent.²



DON'T get too close (>6 feet) to the patient while Nebulization is being conducted.⁵



DON'T reuse nebulizer accessories unless they have been washed up using liquid/hospital grade disinfectants like Isopropanol (70%) or Hydrogen Peroxide (3%).⁵

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Ref: 1. <https://www.health.state.mn.us/communities/ep/surge/infectious/airbornenegative.pdf>. | 2. <https://www.cdc.gov/coronavirus/2019-ncov/hcp/hand-hygiene.html>. | 3. Minnesota-CDC guidelines: www.health.state.mn.us, April 2020, Govt of Canada: Infection prevention and control for coronavirus disease(COVID-19). | 5. https://www.health.qld.gov.au/_data/assets/pdf_file/0038/939656/qh-covid-19-Infection-control-guidelines.pdf.

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